

Tri-County  
Intergroup

# Traditions and Service Workshop

**EVENTS OF THE DAY:**  
**Sponsored by Region 3**

**HYBRID**

- ❖ Savor Each Bite – The Art of Conscious Eating (Prepare and bring your packed lunch with you!)
- ❖ Traditions and Service – How to Use the Traditions in Daily Life and Relationships
- ❖ Step Ten – Rapid Process
- ❖ Relapse – Symptoms & Prevention
- ❖ Affirmation Circle – A Group Experience

**RAFFLE  
BASKET**

**LOCATION:** *South Hills Christian Church  
3200 Bilglade Rd.  
Fort Worth, TX 76133*

**\$10**

**SUGGESTED DONATION**

Zelle:

Treasurer@oa-tricounty.org



**Bring the Following Items for  
“Savor Each Bite”:**

- Prepared Meal
- Plastic Fork
- Paper Napkin
- Serving Spoon
- Large Paper Plate (10-12”)
- Small Paper Plate (6-8”)
- Sheet of Aluminum Foil



**Zoom Login:**

ID: 920 4680 2293

Passcode: service

**For More Info Call Amber  
at 817-798-6289**

Saturday, January 25, 2025 from 11:30am-4:00pm CST