

LOOKING UP

An OA Tri-County Intergroup Newsletter
June 2006



2006 Tri-County Board

Officers

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Vice-Chair: Rene P.
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Chairs

Literature: Jaclyn D.
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Telephone: Mike S.
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Retreat: DeAnna
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Next retreat: Oct 13-15, 2006

Liaison to DMI:
vacant

Workshops: Bernie
(817)451-7493

Next workshop: July 22, 2006

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Tri-County Intergroup
Group 09163
PO Box 14324
Arlington, TX 76094

OA Responsibility Pledge
Always to extend the hand and
heart of OA to all who share my
compulsion – for this I am
responsible.

REMINDERS FROM THE *BIG BOOK*

CARRY THIS MESSAGE

The 12th step asks us to carry **this** message to Compulsive Overeaters. What message is that? The message in the *Big Book*.

We are told on page xvii, line 30, that during the time before the *Big Book* was written, people in A.A. were in a “flying-blind period”. If we choose to try to live an abstinent life on the basis of what we hear rather than on the basis of what the *Big Book* offers, are we not “flying blind”?

CHANGE

On page 12, lines 27-28, Bill W. says may the “scales of pride and prejudice {fall} from my eyes” so that “a new world {might come} into view”.

Dr. W.D. Silkworth said in “The Doctor’s Opinion”, “I earnestly advise every alcoholic (compulsive overeater) to read this book through, and though perhaps he came to scoff, he may remain to pray”. (p. xxx, lines 5-7)

REMAIN TO PRAY

Thus, in order to gain a new experience from reading the *Big Book*, I invite you to pray the following prayer: “God, I know the danger of flying blind. I know that words repeated orally can sometimes be misconstrued. Give me, therefore, an open mind that the words of our *Big Book* might be impressed anew upon my mind, my heart, and my soul more clearly. Let me enjoy a new and greater experience than any I have yet received. Let my reading take me to a higher level of spiritual maturity, and then inspire me to go forward and share more clearly the message of this program.”

AN INVITATION

I invite you, therefore, to read the *Big Book* and – to use a line from the book itself – to “look at it from an entirely different angle”. (p. 66, lines 25-26)

Anonymous



GOD OF MY UNDERSTANDING



OA Tri-County Workshop
July 22, 2006
South Hills Christian Church
3200 Bilglade, Fort Worth

2:00 pm (registration begins at 1:30 pm)
\$4 suggested donation, but
if you can't pay, don't stay away

Questions? Contact Bernie at (817)451-7493

TRI-COUNTY MEETINGS

MONDAY				
6:30 pm	Fort Worth - Bethel Methodist Church 5000 Southwest Blvd.	HOW	Wendy	(817)472-6943
7:00 pm	Arlington - Trinity United Methodist Church 3216 West Park Row Dr. & Norwood, Wesley House	Abstinence	Billie	(817)460-3083
7:30 pm	Fort Worth - South Hills Christian Church 3200 Bilglade	Step Study/ Literature	Happy	(817)370-7207
TUESDAY				
6:00 pm	Weatherford - Campbell Hospital 713 E. Anderson, Basement Conference Room		Betty	(817)220-1851 (817)223-8864
6:30 pm	Granbury - Acton United 5678 Highway 4 (Triangle)	HOW		(817)326-3893
7:00 pm	Arlington - Covenant United Methodist Church 3608 Matlock Road (west side between Arbrook & Mayfield)		Velda	(682)552-5770
7:00 pm	N. Richland Hills - St. Johns Hall (the center building) 4101 Frawley Rd., between Glenview & North Hills Mall	HOW	Barbara S.	(817)284-4258
WEDNESDAY				
12:00 noon	Fort Worth - King of Glory Lutheran Church Corner of Sandy Lane and Brentwood Stair		Gay	(817)275-1085
6:30 pm	Arlington - Trinity United Methodist Church 3216 West Park Row Dr. & Norwood, Wesley House	Literature	Billie	(817)460-3083
THURSDAY				
6:00 pm	Granbury - First Christian Church Hwy. 377 towards Stephenville	HOW		(817)326-3893
6:30 pm	Fort Worth - Bethel Methodist Church 5000 Southwest Blvd.	HOW	Wendy	(817)472-6943
6:30 pm	Cleburne - St. Marks United Methodist 1109 W. Henderson		Roxy	(817)641-5020
7:00 pm	Colleyville - Highland Meadows Christian Church 2600 Hall Johnson Road, Room 101	Wheelchair Access	Mike	(817)498-4244
7:30 pm	Fort Worth - South Hills Christian Church 3200 Bilglade		Happy	(817)370-7207
FRIDAY				
Noon	Arlington - Covenant United Methodist Church 3608 Matlock Road (west side between Arbrook & Mayfield)		Velda	(682)552-5770
Noon	Waco - St. Alban's Episcopal Church 305 North 30th		Faye	(254)678-3420
SATURDAY				
9:00 am	Weatherford - Trinity Lutheran Church 1500 W. Ball	HOW	Kim	(817)594-5405
9:00 am	Fort Worth - South Hills Christian Church 3200 Bilglade	Step Study/ Writing	Happy	(817)370-7207
9:30 am	Granbury - 5678 Highway 4 (Triangle)	HOW		(817)326-3893
10:00 am	Colleyville - Highland Meadows Christian Church 2600 Hall Johnson Road, Room 101	Wheelchair Access	Mike	(817)498-4244
10:30 am	Weatherford - All Saints Episcopal Church 125 South Waco Street, Barlow Hall		Betty	(817)220-1851 (817)223-8864
12:00 noon	Arlington - Trinity United Methodist Church 3216 West Park Row Dr. & Norwood, Wesley House		Billie	(817)460-3083
Seventh Tradition Donations				
<p>OA's Seventh Tradition tells us that we are fully self supporting through our own contributions. Following the 60-30-10 plan, with the money you collect from meetings, ensures that OA continues to operate at all levels. After paying your group expenses (rent, literature, supplies) and maintaining a prudent reserve (determined by group conscience) OA suggests that you distribute the remaining funds as follows:</p>				
60% to Tri-County Intergroup Treasurer Tri-County Intergroup PO Box 14324 Arlington, TX 76094		30% to World Service OA World Service Office PO Box 44020 Rio Rancho, NM 87174-4020		10% to Region III Rhonda Jordan Region III Treasurer 2004 Surrender Ave. Austin, TX 78728